

STEP 1. Use your gifts and core talents.

STEP 2. Live on purpose.

STEP 3. Go for goals.

STEP 4. Be persistent.

STEP 5. Embrace change.

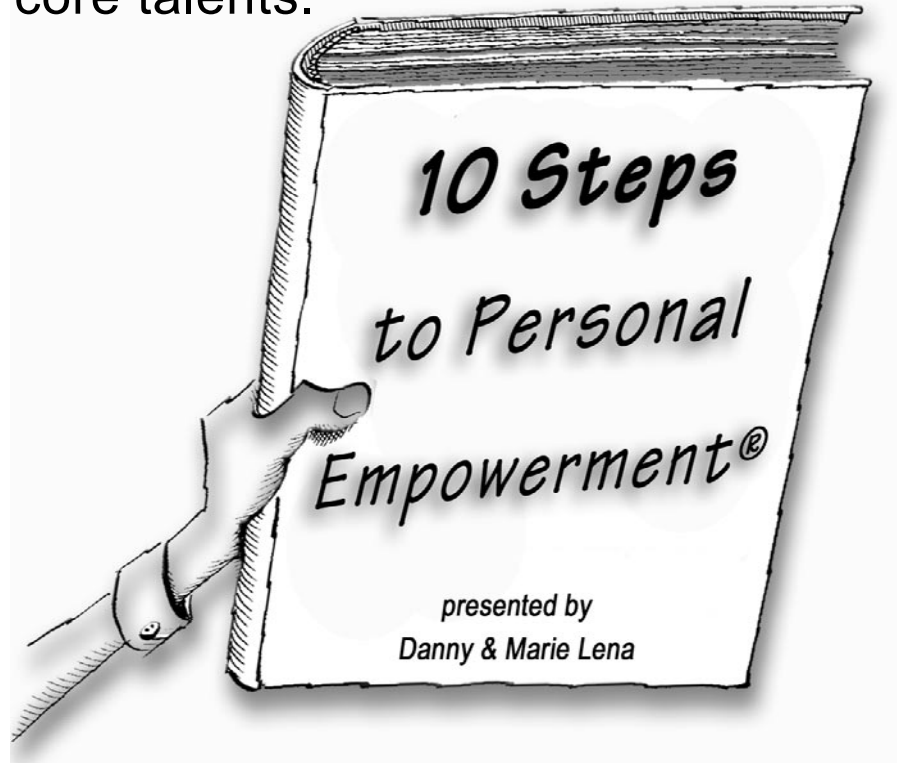
STEP 6. Stop all negativity.

STEP 7. Banish the failure mentality.

STEP 8. Give up the guilt trips.

STEP 9. Release all anger and revenge.

STEP 10. Stop procrastinating, take action.



Three things I need to start!

Three things I need to stop!

**Personal
Empowerment
Programs**

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